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What happens if you stop going

If you avoid or stop going to your treatment, you will be taken back to court and you could be ordered to do more Requirements or be sent to prison, **so it is very important that you do not stop going.**

If you cannot attend for any reason, you must tell us immediately.

You will need to provide proof regarding any absence to your supervising officer as soon as possible. Examples of this might include a doctor's sick note or a letter from your employer.



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Community sentencing



Mental Health Treatment Requirement

Information for you

Further information

For more information about anything in this leaflet, please talk to your supervising officer.

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NOMS National Offender Management Service
Working together to reduce re-offending

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About your Order

As part of your sentence, the court has ordered you to complete this Mental Health Treatment Requirement, which might be part of a Community Order, a Suspended Sentence or another judgment of the court. You might get other leaflets to help with other Requirements you have been ordered to do.

About Mental Health Treatment

This means that the court has decided that you should have mental health treatment as part of your Order and that you have agreed to have the treatment.

Your supervising officer will discuss the treatment with you.

They will talk to you about:

- what kind of treatment you will have and who you will have to see to get it;
- who you can talk to about the treatment; and
- what will happen if you do not do what you are told to do.

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How this Order will work

What we will do:

- Plan your Order and make sure that you complete it.
- Give you clear information about what you must not do.
- Treat you fairly.
- Review your progress and help you to complete your Order.

What you have to do:

- Stay out of trouble.
- Turn up to all your appointments and be on time.
- Do what you are told to do.
- Tell us straight away if you change your address or phone number.
- Tell us straight away if you cannot attend any appointments.
- Let staff visit you at home if needed.
- Do what you are instructed to do on your Order.

You must not:

- avoid or stop going to your treatment;
- miss any appointments or be late;
- turn up drunk or on drugs;
- upset or threaten other people; or
- behave in a racist, sexist or offensive way.

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If you want to complain

If you feel you have not been treated fairly by the Probation Service, please talk to your supervising officer who will try to help. If you are not satisfied after that, ask to talk to the unit manager. If you are still not satisfied, ask for the leaflet 'How to make a Complaint'.

Information about you

We keep information about you in our records – that information is safe and secure. You can see your records, unless there is a good reason for you not to see them. For example, a good reason might be that it would break a promise the police have made to protect someone who gave them information, or that it could harm a victim of your crime. If you want more details, ask your supervising officer.

The National Probation Service values and respects differences between individuals. If you have questions about race, religion, culture, gender, disability, sexual orientation, childcare, or anything else that could stop you doing this Requirement, please tell your supervising officer straight away.